



## Veterans' Lived Experiences Series

The [Veterans Health and Wellness Foundation \(VHWF\)](#) in partnership with the [George Mason University's \(GMU's\) Military, Veterans and Families Initiative \(MVFI\)](#) presents at **1:00 pm - 2:30 pm EST** on **09 February 2021** – the next topic in our *Veterans' Lived Experiences Series*:

# Military Sexual Trauma

**About this Event:** Awareness of military sexual trauma (MST) has increased dramatically in recent years. Current reports estimate that 1 in 3 women and 1 in 50 men experience some form of MST, which ranges from threatening sexual remarks or advances to forced sexual activity, during their time in military service. These experiences can be traumatic, with extensive short- and long-term consequences. In this installment of the “Veterans’ Lived Experience” series, George Mason’s MVFI and the Veterans Health and Wellness Foundation are partnering to bring you real stories from veterans of their experiences related to MST, together with resources and tips from mental health experts who work with service members and veterans around these experiences.

### Registration Links

1. MVFI Link: <https://www.eventbrite.com/e/mvfivhwhf-veterans-lived-experience-series-military-sexual-trauma-registration-138976284809?aff=MVFILINK>
2. VHWF Link: [VHWF Link: https://www.eventbrite.com/e/mvfivhwhf-veterans-lived-experience-series-military-sexual-trauma-registration-138976284809?aff=VHWFLINK](https://www.eventbrite.com/e/mvfivhwhf-veterans-lived-experience-series-military-sexual-trauma-registration-138976284809?aff=VHWFLINK)
3. General Link: <https://www.eventbrite.com/e/mvfivhwhf-veterans-lived-experience-series-military-sexual-trauma-registration-138976284809>

Once registration is complete, you will receive an automatic confirmation email with the zoom log in. We encourage you to save it to your calendar, but reminder emails will go out two days prior to the event and an hour prior. Please contact Lesley Irminger, [lirminge@gmu.edu](mailto:lirminge@gmu.edu) if you have questions on the registration. Please contact Keith Renshaw, [krenshaw@gmu.edu](mailto:krenshaw@gmu.edu), regarding questions on the webinar content.

Be sure to check out all of our *Veterans' Lived Experiences Series*.