

Living with PTSD & TBI: Symptoms, Experiences, and Resources
Presented by Veterans Health and Wellness Foundation and GMU's Military, Veterans, & Families Initiative



Recent military conflicts have been associated with high levels of both posttraumatic stress disorder (PTSD) and traumatic brain injury (TBI). These two conditions have overlapping symptoms and can be experienced simultaneously, which sometimes makes it difficult to distinguish between them. In this webinar, Dr. Keith Renshaw, a licensed psychologist and Professor of Psychology at George Mason University, will review common symptoms of both, with a particular emphasis on military-specific experiences. Matthew Hoh, a US Marine Corps retired Captain, will discuss his own personal experiences with these conditions, after which resources for veterans will be presented. The webinar will conclude with a Q&A from attendees.

1:00 NOVEMBER 10th 2020

Zoom Link:

<https://gmu.zoom.us/j/99008727982?pwd=dzJCajJEVUUwNTIHTWRYSEtGSGRoQT09>

Meeting ID: 990 0872 7982 **Passcode:** VHWF2020

One tap mobile: +12678310333,,99008727982#,,,,,0#,,57241014# US (Philadelphia);
+13017158592,,99008727982#,,,,,0#,,57241014# US (Germantown)

Dialup Password: 57241014



Matthew Hoh is a Marine Corps combat veteran of the Iraq War. Matthew additionally participated in the Afghan War as a State Department official on a Provincial Reconstruction Team. He is currently a Senior Fellow Emeritus with the Center for International Policy, as well as a Master of Divinity candidate at Naropa University with an emphasis on Buddhist Studies and Contemplative Care. Matthew is a 100% disabled veteran, and, in 2015, he received certification by the state of North Carolina as a peer support specialist for mental health and substance abuse issues.

PROGRAM GUEST



Evelyn L. Lewis, MD, MA, FAFAP, DABDA earned her medical degree from the University of the Health Sciences, the Chicago Medical School and completed a residency in family medicine at Naval Hospital Jacksonville, Jacksonville, FL. She completed a faculty development fellowship at Madigan Army Medical Center and Pacific Lutheran University and earned a Masters degree in the Social and Behavioral Sciences. In June 2003, Dr. Lewis retired from the United States Navy after 25 years of service. During the next seven years, Dr. Lewis was Director Medical Policy World Wide Public Affairs and Policy for Pfizer, Inc. Currently, she serves as Chief Medical Officer for Warrior Centric Health, LLC; President and Chair Veterans Health And Wellness Foundation; Adjunct Associate Professor, Department of Family and Community Health, Rutgers Robert Wood Johnson Medical School and Clinical Instructor, Rosalind Franklin University of Medicine and Science (RFUMS). Dr. Lewis is nationally recognized for her expertise in the areas of community outreach, engagement and enablement; public private partnerships; Veteran health and healthcare Issues; content/program development and evaluation; cultural competency; health and healthcare disparities; women's health, health impact of military service on Veterans and their families; PTSD/TBI and clinical trials and minority participation.

President and Chair Veterans Health And Wellness Foundation <https://myvhwf.org>



Keith D. Renshaw, Ph.D. is Department Chair and Professor of Psychology at George Mason University. He received his Ph.D. in clinical psychology from the University of North Carolina at Chapel Hill in 2003. He was an Assistant Professor at the University of Utah from 2005-2009, before joining the faculty at George Mason University in the fall of 2009. Dr. Renshaw specializes in anxiety, stress/trauma, and interpersonal relationships, with a particular focus on romantic relationships. Much of this work has focused on the experiences of service members/veterans and their families. As Founder and Director of the Military, Veterans and Family Initiative, he seeks to give back to those who give to our nation through [education](#), [direct services](#), [workforce development](#), and [research](#). His ultimate goal is to connect and enhance the numerous efforts to serve this population across the University, raise their visibility, and ensure that service members, veterans, and their family members can find the resources they need.

Founder and Director GMU Military, Veterans and Family Initiative <https://mvfi.gmu.edu>



Terron Sims, II is a graduate of the United States Military Academy at West Point. While deployed in Iraq (May 2003 - July 2004), he established and mentored the government of Baghdad's Tisa Nissan District, where he served as the primary liaison to the CPA, the UN, Baghdad City Hall, and Iraq's federal government. Mr. Sims sits on the Board of Principals of the Truman National Security Project and in 2019, Governor Ralph Northam appointed Terron to serve on the Virginia Complete Count Commission. As a civilian, Mr. Sims has worked for Army G3/5/7 Current Operations Center- tasking MACOMs to support MNC-I, MNF-I, SOCCENT operations for its HQ, Arabian Peninsula, the Horn of Africa, and SW Asia, GTMO, JTFB, JTF-HOA, and various OCONUS and CONUS operations. He has also worked for the Army ACSIM (Assistant Chief of Staff for Installation Management), where he developed and managed the system that streamlines the Army's installation requirements budget validation process, and led a team that developed DoD's Sexual Assault Incident Database (DSAID).

Executive Director Veterans Health and Wellness Foundation <https://mvfi.gmu.edu>